## FIELDHOUSE INDOOR SOCCER Instructional and U-8 Divisions Session 3 2024

**U8** 

3. Philo	Evan	221-7669
4. WM	Ben	704-1105

5. Galaxy

Fri 6	Feb23	Mar1 3-5		Mar15 4-5	Mar22 instr.	Apr5 Turf Tots
Sat	Feb24	Mar2	Mar9	Mar16	Mar23	Apr6
10	3-4	4-5	4-5	3-5	3-5	3-4
11	Instructional February 24th-March 23rd					Inst

INSTRUCTIONAL 5-7 Play every Sat. Feb 24-Apr6 and Fri Mar 22<sup>nd</sup> @ 6pm

We will warm up under the direction of the center ref. for approximately 10 min. Parent/coaches will work with their children on the skill for the day as assisted by team coaches (15 min) Players will be divided into 2 teams each Sat and play a small sided games for approximately 20 minutes. Parents please try to have players on center circle ready to warm up at 1:40pm

INSTRUCTIONAL and U-8 DIVISION PLAY (4) EIGHT-MINUTE QUARTERS. COACHES WILL WARM UP PLAYERS FOR FIRST 10 MINUTES AND DETERMINE LINE-UP FOR FIRST QUARTER. PLAY WILL BE STOPPED BY CENTER REF AS NEEDED TO EXPLAIN CALLS. ONE COACH WILL REMAIN ON THE FIELD TO HELP THEIR TEAM KEEP THEIR SPAPE AND ENCOURAGE PLAYERS TO PASS AND PLAY THEIR POSITIONS. BY SECOND SESSION COACHES WILL TRY TO WEEN THEMSELVES FROM COACHING ON THE FIELD TO COACHING FROM PLAYER BOX. PLEASE TRY TO ROTATE POSITION WHEN POSSIBLE AND AGAIN, TRY TO MAKE SURE ALL PLAYERS HAVE THEIR FAIR SHARE OF PLAYING TIME.